

Full Report (All Nutrients) 45133933, BLAKE Chicken Parmesan With Pasta, UNPREPARED, GTIN: 00017873705376

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Report Date: May 26, 2017 18:43 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer ConAgra Foods Inc.

Nutrient	Unit	Data points	Std. Error	1 cup (227g) 227g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	261	115
Protein	g	--	--	19.00	8.37
Carbohydrate, by difference	g	--	--	21.00	9.25
Sugars, total	g	--	--	5.99	2.64
Minerals					
Calcium, Ca	mg	--	--	100	44
Iron, Fe	mg	--	--	0.73	0.32
Potassium, K	mg	--	--	0	0
Sodium, Na	mg	--	--	690	304
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	9.1	4.0
Vitamin A, IU	IU	--	--	499	220
Lipids					
Fatty acids, total saturated	g	--	--	4.49	1.98
Fatty acids, total monounsaturated	g	--	--	0.00	0.00
Fatty acids, total polyunsaturated	g	--	--	0.00	0.00
Fatty acids, total trans	g	--	--	0.00	0.00
Cholesterol	mg	--	--	50	22

Amino Acids

Other

Ingredients

Sauce [crushed tomatoes (vine-ripened fresh tomatoes, salt, naturally derived citric acid), water, tomato paste, olive oil/canola blend, evaporated cane syrup, sea salt, romano cheese (pastuerized cow's milk, cheese culture, salt, enzymes), basil, onion, garlic, mushroom broth concentrate (mushroom broth, mushroom juice, natural flavor, corn starch concentrate), black pepper, bay leaf], breaded chicken [chicken breast meat**, water, rice starch,

sea salt, batter and breaded with (yellow corn flour, rice flour, water, yellow corn meal, rice starch, corn starch, sea salt, dextrose, garlic powder, onion powder, spice, yeast extract) breading set in soybean oil], organic pasta (organic durum wheat flour), cheese blend [mozzarella (pasteurized milk, cheese cultures, salt, enzymes, cellulose powder added to prevent caking), romano cheese (pasteurized cow's milk, cheese, culture salt, enzymes), parsley]. CONTAINS: Wheat, Soy, Milk. *Date Last Updated by Company:* 09/08/2016